





Provence House

PROVENCE HOUSE

4370 Sweetwater Road
Bonita | 858-565-3600

NOW OPEN!

Now open, the newly renovated Provence House is located in Bonita next to Rohr Park. The spacious setting is a perfect location for weddings and special events for up to 250 people.

The house has a beautiful enclosed patio connected by French doors, and two indoor rooms designed for special events. It also has 4,000 square feet of grass outside the building to extend your event space.

The house comes with a full kitchen, two separate furnished rooms which can be used for a bride and groom changing room, and restroom facilities.

The venue also provides folding chairs and tables for your special day.

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Del Dios QR Fit Trail

HEADQUARTERS

County of San Diego Department of Parks and Recreation

5500 Overland Avenue, Suite 410
San Diego, CA. 92123
858-694-3030
www.sdparks.org

SYMBOL KEY



CAMPGROUND

COUNTY
PASSPORT
PROGRAM

FISHING

HISTORIC
SITESPORTS
FACILITYWEDDING/
RECEPTION
SITE

1 4S RANCH SPORTS PARK

16118 4S Ranch Parkway
San Diego | 858-673-3900

**YOUTH ROLLER HOCKEY CLINICS**

Date **Saturdays**
(10-week session)
Time **8:00 am – 12:00 pm**
Fee **\$25**

Youth roller hockey Saturdays (ages 5-17) focuses on the importance of skating and puck handling. Registration is ongoing and open to all skill levels. For more information, visit www.4sranchrollerhockey.com.

ADULT ROLLER HOCKEY LEAGUE

Date **Mondays – Beginner**
Tuesdays – Advanced
Wednesdays – Intermediate
(10-week session & playoffs)
Time **6:00 pm – 10:00 pm**
Fee **\$700 per team**

Monday, Tuesday and Wednesday night roller hockey leagues (ages 18+) provide a great opportunity for skill development and recreation. All teams play each other throughout the season with team standings, and the division of teams for playoffs and championships. The league is 10-weeks long plus playoffs and championships. Free agent players are always welcome, and more information can be found at www.4sranchrollerhockey.com.

ADULT MEN'S BASKETBALL LEAGUE

Date **Mondays (Levels B & C)**
Tuesdays (Levels A & B)
(10-week session & playoffs)
Time **6:00 pm – 10:00 pm**
Fee **\$350 per team**

Our adult men's basketball league (18+) is the talk of the town. We have divisions for all skill levels. Each team is guaranteed a total of 10 games plus playoffs. Team and individual stats are posted on the league website. For more information visit www.4sranchbasketball.com.



4S Ranch Tennis Courts

YOUTH TENNIS INSTRUCTION

Date **Wednesdays**
Time **2:45 pm – 3:45 pm**
(3rd – 5th graders)
4:00 pm – 5:00 pm
(6th – 8th graders)
Fee **\$30 per 6-week session**

The goal of the program is to enhance children's activity levels through tennis while promoting life-long skills. Instruction will include racquets and balls when needed. Contact the 4S Ranch Sports Park Recreation Office for more information.

ADULT TENNIS INSTRUCTION

Date **Wednesdays**
Time **5:30 pm – 6:30 pm**
Fee **Free**

San Diego County Parks and Recreation has teamed up with the USTA to offer a great opportunity at 4S Ranch Sports Park! Come participate in free tennis lessons, meet new people, and receive high quality instruction from a certified instructor. Contact the 4S Ranch Sports Park Recreation Office for more information.

ADULT WHEELCHAIR LACROSSE

Date **Sundays**
Time **10:00 am – 12:00 pm**
Fee **Free**

Come one, come all! This brand new program is a great opportunity for adults (18+) of all abilities to come together and recreate. This drop-in program is free for participants and lacrosse equipment is available for use. Contact the 4S Ranch Sports Park Recreation Office for more information.



4S Ranch Sports Park Ballfield

2 AGUA CALIENTE REGIONAL PARK

39555 Great Southern
Stage Route of 1849
Anza Borrego | 760-765-1188



Fee **\$3 day use fee**

Due to extreme heat, Agua Caliente Regional Park will be closed from Tuesday, May 26 and re-open Friday, September 4. To make camping reservations, please visit sdparks.org or call 877-565-3600.

3 ALPINE COMMUNITY CENTER

1830 Alpine Boulevard
Alpine | 619-445-7330

The Community Center offers child care, teen programs, senior nutrition programs, community recreation, picnic facilities, cultural activities, facility rentals, adult softball, and Bobby Sox softball. Call for more information.

4 ANTIQUE GAS & STEAM ENGINE MUSEUM

2040 N. Santa Fe Avenue
Vista | 760-941-1791
www.agsem.com



Fee **\$5 for Adults; \$4 for Seniors 65 years and older; \$3 for children 6-12 years old; free for 5 years and under**

The Antique Gas & Steam Engine Museum, a nonprofit corporation, collects, preserves, and displays examples of mechanical ingenuity and crafts associated with the early days of the American farm and rural community. The museum offers educational and recreational opportunities to the public through exhibits, demonstrations, activities and programs displaying the art of invention that fulfilled the necessity. The museum grounds are open for self-guided tours seven-days a week on non-event days from 10:00 am to 4:00 pm.

ANTIQUE ENGINE AND TRACTOR SHOW

Date **Saturday and Sunday, June 20 – 21, 27 – 28**
Time **9:00 am – 4:30 pm**
Fee **\$10 for Adults; \$9 for Seniors 65 years and older; \$7 for children 6-12 years old; free for 6 years and under**

50 acres of all day fun including working antique farm and construction equipment demonstrations, a scale model railroad exhibit, a huge weaving exhibit hall, as well as a working blacksmith shop. There will be tractor games for the children, slowest tractor and potato sack races, train and wagon rides and a crop threshing demonstration. Other exhibits include a working grist mill, a 19th century farm house and an old fashion school room. Various vendor booths will be providing unique items for sale as well as food, drinks and goodies. Please visit www.agsem.com for more information and directions.

5 CACTUS PARK

10567 Ashwood Street
Lakeside | 619-390-6017



Cactus Park offers youth and adult sports leagues, and a BMX track. Call for more information.

6 CAMPO STONE STORE & MUSEUM

31130 Highway 94
Campo | 619-390-6017



Visit the Pioneer Museum downstairs, and then head to the Military Museum upstairs showing the history of the U.S. Cavalry and Buffalo Soldiers. A short video will be provided. Open Saturdays and Sundays 11:00 am – 5:00 pm.

**7 COLLIER PARK**

626 E Street
Ramona | 760-788-7564



Collier Park has the Boys and Girls Club in the park. The park has a soccer arena, tennis courts, playgrounds, and walking trails. Call for more information.

8 DEL DIOS HIGHLANDS PRESERVE

9860 Del Dios Highway
Escondido | 760-745-4379

This 774 acre preserve straddles the San Dieguito and Escondido Creek watersheds and provides a 1.4 mile passive trail joining the communities of Del Dios and Elfin Forest. The trail is open for hiking, mountain biking, and equestrian use. Halfway up the trail from the Del Dios Highway staging area, visitors can enjoy an inspiring view of Lake Hodges to the southeast. Further up the trail, the Pacific Ocean can be seen on a clear day. The preserve is open seven days a week from 8:00 am to one half hour before sunset.

DEL DIOS HIKE

Date **Sunday, June 21; August 16**
Time **9:00 am**
Fee **Free**

Leonard Wittwer, from the Escondido Creek Conservancy will tell the history of the Derbras home, which burned in the 1997 Del Dios Fire, and the surrounding open space. Visitors will also learn how the County Parks and Recreation Department acquired the property, with assistance from the Escondido Creek Conservancy. Visitors will enjoy the beautiful open space as well as learn a little bit about our local history. Meet at the staging area and bring water and sunscreen. All ages are welcome!

9 DOS PICOS REGIONAL PARK

17953 Dos Picos Park Road
Ramona | 760-789-2220



FREE Saturday programs meet at the amphitheater at the scheduled time. Programs may change or cancel without notice depending upon the weather and ranger availability. Activities include: adventure hikes; scavenger hunts, arts and crafts, touch table, earth ball, and much more. The rangers need to have at least 10 people for each program so bring a friend! Programs will be posted at the ranger office.

WEARABLE KNOTS

Date Saturday, June 20,
September 5
Time 1:00 pm – 2:30 pm
Fee Free for campers/\$3 day
use fee

Need a fishing line? How about a shoelace? What if you needed something to help make a shelter? You can do these things and more with ParaCord. It's not just a fashion statement, but a cool and useful tool. Learn the ParaCord knot and teach it to others. Bring a smile, a little patience, and the desire to learn and teach others.

LET'S GO FLY A KITE

Date Saturday, June 27
Time 11:30 am
Fee Free for campers/\$3 day
use fee/ \$1 donation

Join Ranger Vinny to build your very own kite with newspaper and fishing line. Upon completion, we'll fly our kites and the best kite will win a prize.



Dos Picos Gazebo



El Capitan Extreme Hiking Challenge

YOUR COUNTRY...YOUR CENTERPIECE

Date Saturday, July 4
Time 1:00 pm – 2:00 pm
Fee Free for campers/\$3 day
use fee/Donations accepted

Kids of all ages can craft their own Fourth of July centerpiece. Perfect for that picnic table at your favorite park (Dos Picos of course!) or at home adorning your kitchen or patio table. You will even learn a lesson or two on the "Ole Red, White and Blue." Bring a smile and a patriotic attitude.

DISCOVERY PROGRAM

Time Times Vary

Dos Picos participates in the County's award winning Discovery Program which is free outdoor education based on California Science Standards for grades K-6th. Ranger visits and more await your school. Call the ranger office for more information and to make an appointment for your school.

LEAD-A-HIKE TRAINING FOR GIRL SCOUTS

Time Times Vary

Dos Picos Park offers free Lead-a-Hike training for the Junior and Cadet Girl Scouts. Call the ranger office for more information.

10 EL CAPITAN PRESERVE

13775 Blue Sky Ranch Road
Lakeside | 619-956-4707

Enjoy multipurpose trails that will challenge even the most physically fit. Patrol volunteers are also needed. El Capitan Preserve is closed the month of August due to extreme heat.

EL CAJON MOUNTAIN EXTREME HIKING CHALLENGE

Date Saturdays (except for
August)
Time 10:00 am – 6:00 pm
Fee Free

El Capitan is one of the most rugged and difficult trails in San Diego County. Are you ready for the CHALLENGE? Come hike part or the entire trail with the ranger. Bring a gallon of water, sturdy shoes, a hat, sunscreen, and snacks to get you through a challenging 7 hour, 12 mile round-trip hike to the top of El Cajon Mountain for the best view of San Diego. Meet the ranger at the El Capitan Preserve parking lot. Be prepared for a several thousand feet of elevation gain and loss. This hike is open to experienced and conditioned hikers.

11 EL MONTE REGIONAL PARK

15805 El Monte Road
Lakeside | 619-443-1474

**Fee Parking is \$3 per vehicle**

The park offers playgrounds, picnic and wedding facilities, an open field, horseshoe pits, barbecue grills, and a ball field. The picnic and wedding area can be reserved in advance. Park visitors can check out sports equipment (volleyballs and nets, cones, footballs, flags, softballs, bases, bats, mitts, soccer balls, bocce ball, croquet, ladder golf, badminton, tether ball, horse shoes, bean bag toss, Frisbees, and hula hoops) with a valid driver's license. Hikers can enjoy the spectacular views of El Monte valley and El Capitan from the newly dedicated 4.1 mile, El Monte trail. Park approximately 100 yards west of the park entrance, north of El Monte Road.

12 FALLBROOK SPORTS FACILITY

205 N Main Avenue
Fallbrook | 760-728-8848
www.ingoldsportspark.com



Call for program information, or visit
www.ingoldsportspark.com.

13 FELICITA COUNTY PARK

742 Clarence Lane
Escondido | 760-745-4379

**KIDS TOOL WORKSHOP**

Date **Saturday, June 13**
Time **1:00 pm**
Fee **\$3 Parking Fee**

Park rangers will team up with Home Depot staff to present a hands-on tool workshop for children ages 5-12. The workshop will teach children do-it-yourself skills, tool safety, and instill a sense of pride and accomplishment. All children will keep the craft they made and receive a certificate of achievement, a workshop apron and a commemorative pin (while supplies last).

NATURE HIKE

Date **Saturday, June 27; July 25;
August 29; September 26**
Time **1:00 pm**
Fee **\$3 Parking Fee**

Participants will learn more about the history of Felicita County Park and the Native Americans who once called this place home during this 30-minute hike. You will learn about Felicita and the life she lived. The hike will begin at our Kumeyaay Kitchen. Wear sturdy shoes and bring water. This event is fun for the whole family.

MUSEUM TOUR

Date **Sunday, June 28; July 26;
August 30; September 27**
Time **1:00 pm**
Fee **\$3 Parking Fee**

Bring the family to see our museum and all of its artifacts. Visitors will learn about some key events that Felicita, the Native American Princess, lived through, and gain a new appreciation for the park. Meet at the interpretive center near area 1.

WILDLIFE IN THE PARK

Date **Saturday, August 1;
September 12**
Time **1:00 pm**
Fee **\$3 Parking Fee**

Project Wildlife will visit the park and present some animals you may only see from far away or never at all. The event is fun for the whole family.

14 FLINN SPRINGS COUNTY PARK

14787 Old Highway 80
El Cajon | 619-561-0180

Fee Parking is \$3 per vehicle**TOUCH TABLE SUNDAY**

Date **Second Sunday of the month**
Time **10:00 am – 12:00 pm**
Fee **\$3 Day Use Fee**

Visit the ranger and learn about the natural world around us. There will be a collection of items and live specimens for you to see. A table will be set up near area 2 with all kinds of specimens the public can enjoy.



Felicita County Park Wedding Area



Flinn Springs Wedding Gazebo

15 GUAJOME REGIONAL PARK

3000 Guajome Lake Road
Oceanside | 760-724-4489

**Fee Parking is \$3 per vehicle**

Guajome Regional Park is located in the coastal community of Oceanside and has a little bit of everything that San Diego County offers. A developed 33-site campground offers partial hook ups, a caravan pavilion, shade and afternoon ocean breezes. Two day use areas with new playgrounds, a basketball court and lots of green lawn are ideal for picnicking or just relaxing.

Two ponds attract a wide variety of migratory birds and serve as home to a variety of fish that will test the skills of any angler. 4.5 miles of park trails meander through diverse Southern California habitats such as woodlands, chaparral, wetlands, and mixed grasslands.

16 HELLHOLE CANYON PRESERVE

19324 Santee Lane
Valley Center | 760-742-1631
www.hellholecanyon.org

Hellhole Canyon is closed the month of August due to extreme heat.

HIKING & EQUESTRIAN OPPORTUNITIES

Date Monday – Sunday
Time 8:00 am – Sunset

Hellhole Canyon offers a peaceful and interesting place to hike. Visitors can take a short downhill walk to Hell Creek and enjoy the shade of oak and sycamore trees, or continue their way along the abandoned canal and attempt the rigorous climb to the mountain top. Hikes at Hellhole can be strenuous and temperatures can get hot, so come prepared.



Lake Morena Nature Hike

17 HERITAGE COUNTY PARK

2454 Heritage Park Row
Old Town San Diego
858-966-1308



This Park is adjacent to Old Town in San Diego. The park features several restored Victorian homes and San Diego's first synagogue. The Temple Beth Israel and Lawn remain open to the public for special event reservations.

18 JULIAN MUSEUM AND PIONEER PARK

2811 Washington Street
Julian | 760-765-0227



The Julian Museum is housed in a late 1800s building containing nineteenth-century clothing, household furnishings, artifacts from gold mining and those of American Indian life. Call for hours of operation.



Heritage County Park

19 LAKE MORENA REGIONAL PARK

2550 Lake Morena Drive
Campo | 619-579-4101

**THE MUSEUM AT LAKE MORENA**

Date Everyday
Time Sunrise to Sunset (Sun.-Thurs.); Sunrise to 8:30 pm (Fri.-Sat.)
**Fee Free for Campers/
\$3 Day Use Fee**

The museum at Lake Morena has been updated! Park volunteers created an interactive space to learn about the history of Lake Morena and the Campo area. Open daily for campers and visitors.

INTERPRETIVE NATURE HIKE

Date Saturday, June 6, 20; July 11, 25; August 8, 29
Time 5:00 pm
**Fee Free for Campers/
\$3 Day Use Fee**

During the hike you will learn about native plants in the area, and how the Kumeyaay Indians utilized the natural vegetation in their daily lives. You will also learn the history of Lake Morena. The hike lasts about an hour and is about a half-mile long. Call in advance to verify the hike start time.

LAKE MORENA PROGRAMS (cont.)

BASICS OF ECOLOGY

Date Saturdays, June 27
Time 7:00 pm
Fee Free for Campers/
 \$3 Day Use Fee

Learn about the basics of ecology. Guest speaker Ellen Esch will present this program. She is working on her thesis for her PhD. at UCSD in ecology. This is a family-oriented presentation that will meet at the indoor pavilion.

CAL FIRE FAMILY DAY

Date Saturdays, July 4, August 15
Time 2:00 pm
Fee Free for Campers/
 \$3 Day Use Fee

Meet Smokey Bear and a few of his friends from the CAL FIRE staff. CAL FIRE will display their bright red fire engines. All participants will learn about proper fire safety and there will be fun fire related activities for all ages. A bathing suit is recommended. The event is open to all ages. Meet at the grass field by camp sites 10 and 11.

ENDANGERED SPECIES

Date Saturdays, August 22
Time 7:00 pm
Fee Free for Campers/
 \$3 Day Use Fee

Federal Fish and Wildlife Ranger Lisa Cox will be out guest speaker. She will discuss some of the endangered species of San Diego County, the different habitat types and the National Wildlife Refuges located in San Diego County. Meet at the indoor pavilion.



Lake Morena CAL FIRE Family Day

20 LAKESIDE LINKAGE PRESERVE

NE Corner of Los Coches
 and Ha-Hana Road
 San Diego | 619-709-2464

Lakeside Linkage Preserve is a vegetation community that supports several sensitive species including the coastal California gnatcatcher, the coastal cactus wren, and the orange-throated whiptail. The Whitaker House, a well-known Lakeside landmark, is located within this preserve. The preserve is open for day use hikes year round.

21 LINDO LAKE COUNTY PARK

12660 Lindo Lane
 Lakeside | 858-565-3600

Lindo Lake County Park is the recreational center of the Lakeside community, with its family and group picnic areas, dance ramada, play areas, softball field, horseshoe pits, fishing, and tennis courts. The park is also home to the local county library. Lindo Lake is also known for its excellent bird watching opportunities. A fitness walk on the westernmost peninsula on the south shore of the lake features 17 physical fitness stations that present a scenic, no-cost workout for park visitors.

22 LIVE OAK COUNTY PARK

2746 Reche Road
 Fallbrook | 760-728-2303

Live Oak Park has long been the cornerstone of Fallbrook. First inhabited by Native Americans, the park is an oak tree forest that begs for visitors to stay and enjoy its beauty. The park is ideal for picnicking, strolling and sharing time with family and friends. Live Oak has a beautiful setting for special events such as weddings, family reunions, and public ceremonies. The park is also home to woodpeckers, hawks and songbirds that swoop between the ancient oaks.



Live Oak Park Leash Free Area

23 LOS PEÑASQUITOS CANYON PRESERVE & RANCH HOUSE

12122 Canyonside Park Drive
 San Diego | 858-484-7504



Fee Parking is \$3 per vehicle

The Los Peñasquitos Adobe Ranch House is one of the oldest existing structures in San Diego, dating back to 1823. Native American presence dates back more than 8,000 years. Rancho Los Peñasquitos is a National Register Historic and Archaeological District. Plan a day to ride your bike, hike, walk your dog, or ride your horse on over 25 miles of easy trails along our year-round flowing creek. During your hike, be sure to visit the waterfall in the middle of the preserve.

GUIDED HIKES AND ACTIVITIES

The Friends of Los Peñasquitos Canyon Preserve schedule a variety of hikes into the Preserve. Become a friend of the canyon and join the hikes by calling, (858) 484-3219.

The San Diego Tracking Team offers a free introduction to tracking on the second Saturday of every month. For more information, visit their web-site: www.sdtg.org

24 LOUIS STELZER COUNTY PARK

11470 Wildcat Canyon Road
Lakeside | 619-561-0580



Fee Parking is \$3 per vehicle

VOLUNTEER WORK PARTY

Date Saturdays
Time 11:00 am – 12:00 pm
Fee \$3 Day Use Fee

Looking for a chance to give back to your local park? Work alongside the ranger to help keep the park safe and beautiful. The projects will take place around the park and on the trails. The activities count as community service and the projects are great for scout troops, youth groups, Meet-up groups, and individuals looking to make a difference! Bring a water bottle, sturdy shoes, a hat, and sunscreen.

CRAFT TIME

Date Saturdays
Time 2:00 pm – 3:00 pm
Fee \$3 Day Use Fee

Remember how much fun it was to make a craft? It still is! Come meet the ranger at and make a craft you can keep. A \$1 donation per crafter will be gratefully accepted to help cover the cost of craft supplies.

JUNIOR RANGERS

Date Saturdays
Time 3:00 pm – 4:00 pm
Fee \$3 Day Use Fee

Do you like science and nature? Meet the ranger at Stelzer County Park and learn about various topics including birds, geology, plants, and history of the park. We will hike around too, so be prepared to walk or roll a little on the trail.

**JUGGLING AND CIRCUS ACTS**

Date Saturdays
Time 5:00 pm – 6:00 pm
Fee \$3 Day Use Fee

This is a meet-up style event. Bring your own juggling props or use the provided clubs, balls, poi, and batons. There will be lessons for beginners or first timers.

COYOTE DISCOVERY DAY

Date Sunday, June 14
Time 1:00 pm – 2:00 pm
Fee \$3 Day Use Fee

Learn about why you can love the Coyote and enjoy this animal in its natural habitat. This program is perfect for 5-12 year olds. We will do several activities relating to the coyote and learn about its lifestyle, anatomy, expressions, and hunting and survival adaptations.

NATURE CRAFT

Date Sunday, June 14; July 12; August 9; September 13
Time 2:00 pm – 2:45 pm
Fee \$3 Day Use Fee

Come enjoy a nature themed craft in the beautiful park! We will enjoy nature while creating art that will have children connecting with the environment around them.

OWL DISCOVERY DAY

Date Sunday, July 12
Time 1:00 pm – 2:00 pm
Fee \$3 Day Use Fee

Learn about the owls that live around Louis A. Stelzer County Park. Find out how their digestive system works. Discover what the owl food web looks like and how to figure out what an owl ate during a meal. Let us help you bring to light how these birds of prey known as raptors survive and behave. We will be dissecting owl pellets as well. These activities are designed for children age 5-12.

SNAKES & SKINS

Date Sunday, August 9; September 13
Time 1:00 pm – 2:00 pm
Fee \$3 Day Use Fee

Come and see the snakes that hang out at the park as well as some of the animals we've found living here. You will see rattlesnakes, gopher snakes, a rosy boa, and a king snake. You will learn about some of the animals located in San Diego County from skunks to badgers to bobcats as well as many other animals. You'll also have a chance to touch furs and snakes.



Louis Stelzer Junior Rangers

25 MT. GOWER PRESERVE

17090 Gunn Stage Road
Ramona | 619-956-4707

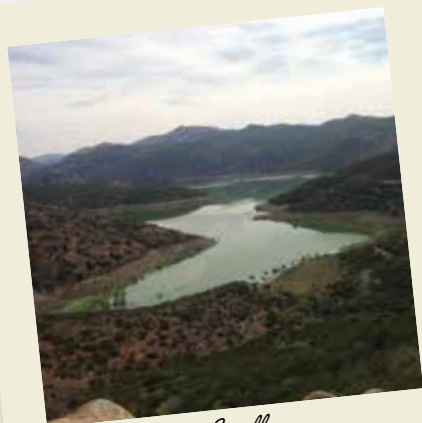
Mt. Gower Open Space Preserve, located southeast of Ramona, has approximately eight miles of trails within its boundaries. You'll find water and vault toilets at the trailhead. Primitive campsites are available, which provide a great place for scouting events and outdoor get-togethers.

26 OAKOASIS PRESERVE

12620 Wildcat Canyon Road
Lakeside | 619-561-0580



Oak Oasis is an excellent place to enjoy a leisurely walk. The preserve features acres of woods, hills, multi-use trails, and views. The preserve also provides a camping area for youth groups only. Dogs on leash and horses are welcome.



Oak Oasis Sunday Stroll



Oak Oasis Family Camp

OAKOASIS SUNDAY STROLL

Date *Sundays*
Time **4:00 pm – 6:00 pm**
Fee **Free**

The Oak Oasis Sunday stroll will provide a moderately challenging walk the whole family can enjoy. Bring a half gallon of water per person, sturdy shoes, a hat, sunscreen, and snacks to get you through a nice 3 mile loop featuring fantastic overviews of San Vicente Reservoir. Be prepared for a few hundred feet in elevation change that that will challenge your skills. Meet at the Oak Oasis parking lot.

METEOR WATCHERS

Date **Saturday, August 8**
Time **11:00 pm – 2:00 am**
Fee **Free**

Isn't it cool to see a shooting star? How about a whole bunch of them? Come to the Oak Oasis parking lot and meet the ranger where we will watch for the Perseid meteor shower. Dress warmly and bring a folding chair or cot, and a sleeping bag to stay warm. We will keep watch from 11:00 pm to 2:00 am to see how many falling stars we can see.



Oak Oasis Star Party

STAR PARTY

Date **Saturday, June 13, July 18, August 15, September 12**
Time **June 13, July 18: 8:00 pm – 11:00 pm**
August 15: 7:30 pm – 10:30 pm
September 12: 7:00 pm–10:00 pm
Fee **Free (Donations appreciated)**

Want an up-close view of stars and planets? Take a look through some high powered telescopes and learn the science and legends of the night time sky. There will also be a campfire, s'mores, and music! It will be chilly so bring a blanket and bundle up.

FAMILY CAMPOUT

Date **Saturday, June 13, July 18, August 15, September 12**
Time **2:00 pm – 11:00 am**
Fee **\$24 per campsite, reservations required**

Oak Oasis Campground is now open for family camping once a month! Bring your kids for a night of fun events! There will be a Star Party with high powered telescopes, a campfire for roasting 'marshmallows, and campfire songs. Rangers will lead a night hike to find some bats! Bring all required camping gear, warm clothes, sturdy shoes, and flashlights. No camping experience is required, and rangers will be available to help first time campers.

27 OTAY LAKES COUNTY PARK

2270 Wueste Road
Chula Vista | 619-482-7361

Fee **Parking is \$3 per vehicle**

Enjoy the beautiful view of Otay Lake and the surrounding hills. The park has one site that can accommodate up to 100 people and four additional sites for walk-in visitors. A playground, horseshoe pits, hiking trails, lawn area, and native plant/demonstration garden are a few of the many reasons to visit Otay Lakes County Park. Birdwatchers will find much to reward around the park and surrounding areas.

28 OTAY VALLEY REGIONAL PARK

2155 E. Beyer Blvd.
San Diego | 619-482-7361

The Otay Valley Regional Park represents one of the major open space areas within the southern area of San Diego County, linking south San Diego Bay with lower Otay Lake. The park provides South Bay residents and visitors recreational opportunities ranging from playing fields and picnic areas to hiking, biking, and equestrian trails.

29 PINE VALLEY COUNTY PARK

22810 Old Highway 80
Pine Valley | 619-473-8558



Pine Valley is a 17 acre day use park with three reservable picnic acres. Lawn, tall pine trees, and broad oaks cover much of the park. Recreational activities include ball fields, tennis courts, shuffleboard, horseshoes, and playgrounds.



Pine Valley Day



Pine Valley Day

PINE VALLEY DAY

Date **Saturday, July 25**
Time **9:00 am – 5:00 pm**
Fee **Free**

Enjoy a fun day at the annual Pine Valley Day. The parade starts at 9:00 am, followed by a BBQ, craft, food and a variety of booths. The event includes activities for children, a Marketplace and a Musicfest which starts after the parade in the park. The family event is open to the public of all ages. There is a cost for food and some of the children's activities.

30 POTRERO COUNTY PARK

24800 Potrero Park Drive
Potrero | 619-478-5212



Potrero Regional Park offers RV, tent, and group camping. The day use portion of the park is free. You can work out on a newly developed ADA accessible exercise wellness trail and explore outdoor surroundings. Visitors can also enjoy dozens of picnicking areas with BBQs and tables, an enclosed pavilion, ball fields, and horseshoe pits.

31 RANCHO GUAJOME ADOBE

2210 North Santa Fe Avenue
Vista | 760-724-4082
760-940-8260 Gift Shop

**SCHOOL TOURS**

Date *Wednesdays and Thursdays*
Time *Times vary*
Fee *\$1 per student*

Teachers can arrange school tours for their 3rd, 4th, and 5th graders by calling the park office. Tours must be arranged at least one month in advance. The Adobe tour includes a brick-making activity with a ranger at the conclusion of the tour. School groups are also welcome to stay and utilize the park's outdoor picnic venue.

GUIDED TOURS

Date *Wednesday-Sunday*
Time *12:00 pm, Wednesday – Friday
12:00 pm & 2:00 pm,
Saturday & Sunday*
Fee *\$3 per adult; \$1 per child
ages 4-12*

TRAILS

Date *At convenience of patron*
Time *During open hours*

During daylight hours, visitors can hike, ride, or bike along the park's multi-use trail, which connects to the adjacent City of Vista Sports Park.

VOLUNTEER

Date *First Tuesday of the Month*
Time *10:00 am*
Fee *Free*

Docents meet at the park office to sign-up for tours, plan events, socialize, and participate in the preservation of our historic adobe. Join us to learn how you can become a docent!

32 SAN DIEGO BOTANIC GARDEN

230 Quail Gardens Drive
Encinitas | 760-436-3036
www.sdbgarden.org



Fee *\$12 for adults; \$8 for
seniors, students and
military; \$6 for children (3
to 12); \$2 parking*

One of the world's most diverse and important plant collections includes California native plants, exotic tropical specimens, palms, and 30 acres with scenic walks and trails. There is a nice wedding location within the gardens. For information please visit www.sdbgarden.org. Hours are 9:00 am – 5:00 pm daily.

33 SAN DIEGUITO COUNTY PARK

1628 Lomas Santa Fe Drive
Del Mar | 858-755-2386



Fee *Parking is \$3 per vehicle*

This 125-acre park is located in Del Mar and is home to the Miracle Field, a fully accessible baseball field that accommodates children and adults with special needs. San Dieguito offers a variety of recreational activities including playgrounds, exercise stations, a basketball court, pavilions, a wedding gazebo, large open lawn areas, picnic areas, and BBQ's.



Rancho Guajome Adobe Brick Making



Rancho Guajome Adobe School Tour

34 SAN ELIJO LAGOON ECOLOGICAL RESERVE & NATURE CENTER2710 Manchester Avenue
Encinitas | 760-634-3026**SUNDAY FAMILY FUN DAY**

Date *First Sunday of the month*
Time 11:30 am – 1:30 pm
Fee \$1 suggested donation per child

Looking for something fun to do with the family? Pack up the kids and head over to San Elijo Lagoon Nature Center for some fun nature-themed crafts and activities, featuring the TRACK Trail program! The whole family will enjoy exploring the nature center exhibits and the family-friendly nature center loop trail. The tables and chairs on the upstairs observation deck also make a great spot for a picnic lunch!

CHILDREN'S STORY TIME

Date *Third Tuesday and Thursday of the month*
Time 11:00 am
Fee \$1 suggested donation per child

Calling all toddlers and preschoolers! Join park staff as they read a selection from our wonderful library of children's nature-themed storybooks. A special surprise, such as an animal interaction, themed craft, or coloring activity will follow each story time.

TRACK TRAIL SELF-GUIDED ADVENTURES

Date *Daily*
Time 9:00 am – 5:00 pm
Fee Free

Get kids "un-plugged," outdoors, and reconnected with nature! San Elijo Lagoon Nature Center has four TRACK Trail brochure-led activities designed to turn an ordinary hike into a fun-filled adventure. Topics include Birds of San Elijo Lagoon, Nature's Relationships, Animal Athletes, and a Nature Hide and Seek. Kids can also earn PRIZES for TRACKING their TRACK Trail adventures in an online nature journal on the kidsinparks.com website.

CHILDREN'S BIRTHDAY PARTIES

Date *30-day advanced reservations required*
Fee \$230 includes a private, decorated room for two hours, a ranger-led animal interaction or hike, and craft and party favors for each child (max 20 children)

Let the staff at the San Elijo Lagoon Nature Center help you celebrate your child's special day in a fun and educational atmosphere! We offer several nature-based party themes designed to be entertaining for your child and their friends, yet easy and stress-free for parents. All you will need to bring is cake and serving ware.

35 SANTA MARGARITA PRESERVE37385 De Luz Road
Fallbrook | 760-728-2303

This 221-acre preserve has a nice equestrian-friendly staging area and 1.5-miles of multi-use trails great for horseback riding, hiking and bird watching. The preserve is open 7-days a week from 8:00 am to one half hour before sunset. In the event of rain the preserve will not open for at least 24-hours.

36 SANTA YSABEL PRESERVES

Eastside: 500 Farmer Road
Julian | 760-765-4098
Westside: 23000 Block of Hwy 79
Santa Ysabel | 760-765-4098

FLOWER HIKES AT SANTA YSABEL – EAST SIDE

Date *Sunday, June 7; June 14*
Time 10:00 am – 1:00 pm
Fee Free

Join preserve staff on a hike around the Kanaka Loop trail looking for wildflowers. Wear appropriate hiking attire and bring plenty of water. Dogs are welcome but must be leashed. Bring a camera! Inclement weather will cancel this event. Meet at the Farmer staging area.

*Santa Ysabel Preserve Hiking Sticks Event***CRAFTS UNDER THE OAKS – HIKING STICKS – EAST SIDE**

Date *Saturday, June 20*
Time 9:00 am – 1:00 pm
Fee Free

Join the Mountain Borrego Preserve staff and make your own custom hiking sticks! Adventurers of all ages are welcome to join in but children should be accompanied by an adult. Branches will be provided, or bring your own to decorate. In addition, we will have hand tools and supplies to help complete your creations! Meet at the Farmer staging area. Inclement weather will cancel the event.

BIKE RIDE TO THE CREEK – EAST SIDE

Date *Sunday, June 28; July 26; August 30*
Time 9:30 am – 11:30 am
Fee Free

Join Ranger Bobbi on a leisurely bike ride to the 2nd creek crossing, where we will take a short break, then ride back to staging area. This ride is perfect for family groups. Bring your bike, helmet, snacks and water. Children will need a parent to ride with them.

CRAFTS UNDER THE OAKS-BIRD FEEDERS! – EAST SIDE

Date *Sunday, July 12; August 9*
Time 10:00 am
Fee Free

Join Ranger Bobbi for a fun and easy craft for kids of all ages. During this hands-on activity, you will learn how to make a birdfeeder out of recycled materials. All materials will be supplied. Children, please bring an adult with you. Inclement weather will cancel the event.

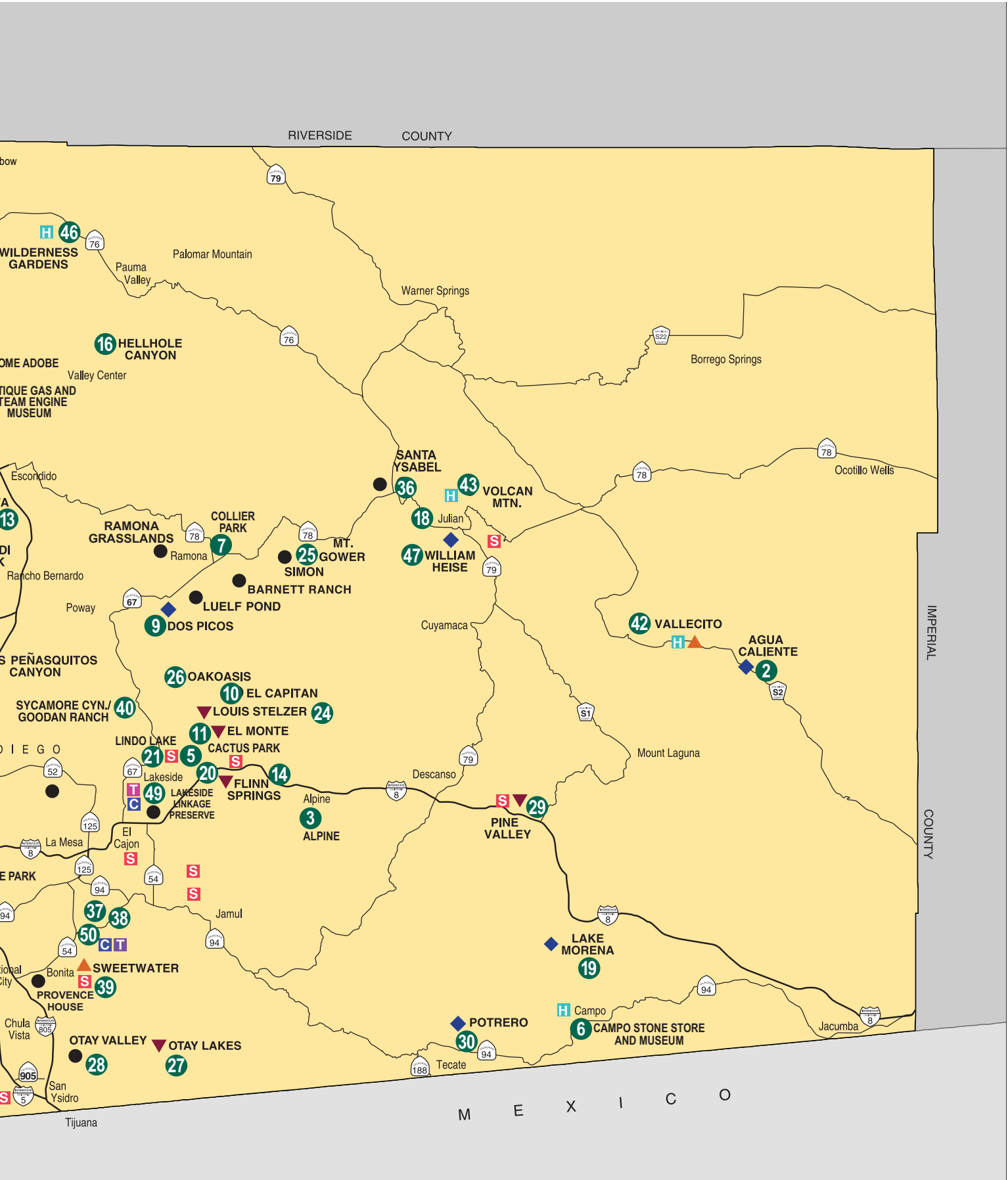
SAN DIEGO COUNTY MAP

LEGEND

- ▲ CAMPING PARK
- ▼ DAY USE PARK
- ◆ CAMPING & DAY USE PARK
- PRESERVE
- ✱ BOTANICAL GARDEN
- H HISTORICAL SITE
- C COMMUNITY CENTER
- T TEEN CENTER
- S SPORTS FIELD



Motorhome Camping at Sweetwater Summit Regional Park



MEADOW RESTORATION – EAST SIDE

Date *Sunday, August 2; August 16; September 20; September 27*
Time *10:00 am*
Fee *Free*

Join the Rangers as we work to return the preserve to a pristine native meadow. We will be removing Black and Sahara Mustards, thistles, Goats Head or Puncture Vine and Medusa Head Grasses. Learn why these need to be removed and what will grow in their place! Meet at Farmer staging area. There will be a short hike to the work location. Dress in layers and wear appropriate shoes. Bring a hat, and sunscreen is suggested. Tools, gloves, light snacks and water will be provided. Temperatures over 90 or inclement weather will cancel event.

SUNSET HIKE AND AMATEUR ASTRONOMY NIGHT – WEST SIDE

Date *Saturday, September 19*
Time *6:00 pm*
Fee *Free*

Join Park Attendant Bill Augustus in a short hike. Once we return to the staging area, we'll view the skies above the Santa Ysabel West Preserve. Test your knowledge of the planets and constellations on this moonless night. Please bring a flash light, warm clothing and a jacket as the temperature will drop after sunset. Bring Binoculars or a Telescope if you have them. All Astronomy skill levels are welcome! Our hike will be approximately 1.5 miles long. Hope to see you there!

SPRING VALLEY GYMNASIUM RENTALS

Date	Usage	Price	Available Times
Mon. – Fri.	Half Gym (1 Court)	\$50/hour	3:30 pm – 9:00 pm (1 hour min)
Mon. – Fri.	Full Gym (2 Courts)	\$100/hour	3:30 pm – 9:00 pm (1 hour min)
Sat. – Sun.	Half Day (2 Courts)	\$400/day	8:00 am – 10:00 pm (4 hour min)
Sat. – Sun.	Full Day (2 Courts)	\$550/day	8:00 am – 10:00 pm (4 hour min)
Concession Fee	n/a	\$25/day	n/a

37 SPRING VALLEY GYMNASIUM SPORTS FACILITY

838 Kempton Street
 Spring Valley | 619-667-6833
www.springvalleysports.com



OPEN PLAY

Date *Monday – Friday,*
Time *3:30 pm*
Fee *Adults: \$1/day, \$5/month, or \$20/year for an annual pass*
Free for youth

Ending time varies daily, based on gym rentals and/or scheduled programs. Please call ahead of time to check availability or check the open gym calendar online at www.springvalleysports.com.

Participants must wear gym appropriate clothing. No jeans. Kids under 10-years of age must be accompanied by an adult. A photo ID is required to check out equipment.

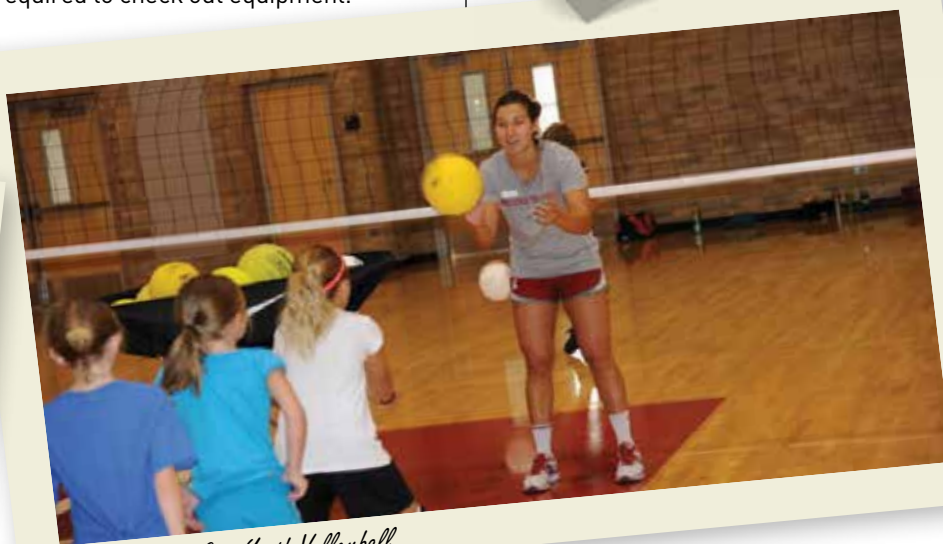
PEE WEE SPORTS CLASS

Date *Wednesday, June 10 – July 15*
Time *3:30 pm – 4:15 pm*
Fee *\$30*

Pee Wee Sports Class is designed for younger athletes, ages 3 ½ – 5 years old. The Pee Wee Sports Class will introduce young athletes to the following sports: soccer, basketball, and baseball. The focus of this class is to improve basic motor skills as well as building confidence and social skills. Come join the fun today! This class will meet every Wednesday for six weeks.



Spring Valley Gym Summer League



Spring Valley Gym Youth Volleyball



Spring Valley Gym Men's Basketball

YOUTH VOLLEYBALL SKILLS CLASS

Date **Wednesdays and Thursdays, June 10 – July 16**
Time **4:00 pm – 5:30 pm**
Fee **\$30**

Are you interested in improving your volleyball skills? Come join our volleyball skills class where we focus on developing basic fundamentals. The fundamentals covered in the 6 week class are the following: serving, passing, hitting and blocking. This six week class is designed to improve or teach you skills to succeed in volleyball. This class will meet every Wednesday and Thursday for six weeks.

YOUTH GOLF SKILLS CLASS

Date **Thursdays, June 11 – July 16**
Time **4:30 pm – 5:30 pm**
Fee **\$30**

Are you new to the game of golf or looking to improve your golf skills? Come join our Youth Golf Skills Class. The Golf Skills Class is a great opportunity to learn the game of golf. Fundamental skills taught in this class include: proper swing technique, putting, chipping, rules and golf etiquette. Clubs are provided for all participants. Come learn a game you can play for the rest of your life. This class will meet every Thursday for six weeks.

MEN'S BASKETBALL LEAGUE

Date **Thursday Evenings, starting July 9**
Time **6:30 pm; 7:30 pm; 8:30 pm**
Fee **Early Bird Registration through June 5: \$275 + \$100 deposit**
After June 5: \$325 + \$100 deposit

Be a part of this increasingly popular men's basketball league, which is considered one the best in the San Diego area! Come join the open division 18 and older or the 35 and over division both division are limited to 8 teams. Each season consist of eight games. Top four teams advance to the playoffs. Standing and stats are kept and displayed on our league website at www.springvalleysports.com. Team registration forms and league rules are also available on the website, or by calling the Spring Valley Gymnasium at 619-667-6833. Space is limited sign up now!

38 SWEETWATER LANE SPORTS PARK

1312 Sweetwater Lane
 Spring Valley | 619-479-1832

Football, flag football, soccer, youth baseball, adult and youth softball, track and field are available at this sports facility.

39 SWEETWATER SUMMIT REGIONAL PARK AND CAMPGROUND

3218 Summit Meadow Road
 Bonita | 619-472-7572

RED HILL NATURE HIKE

Date **Saturday and Sundays**
Time **10:00 am – 1:00 pm**
Fee **Free**

Join us for a ranger-led hike at Red Hill featuring a mild 1.5 mile walk. The ranger will point out interesting topics, history, native plants, and points of interest. Bring water, a hat, a walking stick and binoculars. Groups and clubs welcome. Meet at the flagpole next to the ranger station.

40 SYCAMORE CANYON/GOODAN RANCH PRESERVE

16281 Sycamore Canyon Road
 Poway | 858-513-4737

The preserve features over 10 miles of trails and service roads open to hiking, mountain biking and equestrian use. Preserve visitors are welcome to visit our new visitor center. Live animals and exhibits on Goodan History, Cedar Fire, Kumeyaay and the MSCP are on display. Live native educational raptors on exhibit by appointment at Preserve Visitor Center. Call for information.

Events, hikes and programs start at various Preserve locations. Some require a one mile walk from Goodan Ranch staging to the Visitor Center. Please check descriptions closely. No vehicular traffic is permitted in the Preserve. Transportation for those with disabilities can be arranged, by calling the ranger at (858)513-4737.

Goodan staging area accessed from Poway Rd. east on Garden Rd, then south on Sycamore Canyon Rd. Sycamore Canyon Rd. ends at staging area. The highway 67 staging area can only be accessed through SOUTHBOUND Highway 67 only, half a mile south of Scripps Poway Parkway.



Sweetwater Summit Red Hill Hike

STAR PARTY

Date Friday, June 19, August 21
Time Sunset
Fee Free

Join the San Diego Astronomers Association and park staff at the Hwy 67 staging area for a night under the stars. You will get to view our galaxy using the same technology used by the professionals. Viewers will see many amazing sights they wouldn't normally see without the trained eye. The program will be held at the Highway 67 staging area accessed by the southbound lanes only. Bring sturdy shoes and a jacket. Inclement weather will cancel the event.

SNAKES ENCOUNTER

Date Saturday, July 11
Time 9:00 am – 10:00 am
Fee Free

Do you like snakes? Would you like to see them close up? Join park staff and learn all there is to know about our local species of snakes found right here in San Diego. You will learn all about these wonderful reptiles including what they eat, how they survive in the wild, and even get a chance to see them up close. Kids and adults are welcome so bring the family out for a chance to understand a commonly misunderstood animal. Space is limited to 30 so please call (858)513-4737 for reservations. Guests will park at Goodan Staging area and must walk approximately one mile down to the visitor center.

NIGHT HIKE

Date Saturday, September 19
Time Sunset
Fee Free

Nature comes alive at night! The wildlife of the day goes to sleep and out comes a whole new world of creatures. Join Park Staff for an enlightening hike and learn all about the different animals you can encounter here locally once the sun sets. Bats, snakes, coyotes, tarantulas and more! Come prepared for a hike. Space is limited to 30 so please call (858)513-4737 for reservations. Rain or muddy conditions cancel.

Program will meet at Goodan staging area.

41 TIJUANA RIVER VALLEY REGIONAL PARK

2721 Monument Road
 San Diego | 619-428-2946



See birds traveling the Pacific flyway in the bird and butterfly garden. Walking paths meander around plants specially chosen to attract these winged creatures. Check off your bird list while you eat your lunch at one of the picnic tables in the park, or take a hike and ride a horse along the miles of trails that link to many habitats in the river valley.

NATURE WALK AT THE BIRD AND BUTTERFLY GARDEN

Date Sunday, June 14,
 September 13
Time 11:00 am – 12:00 pm
Fee Free

This guided walk is free and open to everyone including kids and adults. During the walk our docent will point out some of the native plants and animals that make the area their home as well as migrating birds and butterflies that you will only see seasonally. Visitors are encouraged to ask questions and share their own knowledge along the walk. Parking is available at the Bird & Butterfly parking lot in front of the Visitor's Center.

42 VALLECITO COUNTY PARK

37349 Great South Stage
 Route of 1849
 Julian | 760-765-1188



Vallecito County Park will be closed from Tuesday, May 26 and re-open Friday, September 4 due to extreme heat. To make camping reservations, please visit sdparks.org.



Tijuana River Valley Bird Watching

43 VOLCAN MOUNTAIN WILDERNESS PRESERVE

1209 Farmer Road
 Julian | 760-765-4098

VOLUNTEER TRAIL SERVICE PROJECTS

Date Saturday, June 27; July 25;
 August 29
Time 10:00 am
Fee Free

Does your school, church group, or hiking club want a great team building exercise? Volunteer for a work project in the preserve! Enjoy a day of fresh mountain air and the comradery of friends and colleagues while making a difference at a County Park! Projects can include trail maintenance, tree planting, trimming vegetation, erosion control and invasive plant removal. Learn proper tool handling and trail building techniques while enjoying scenic views of the surrounding area. Meet at the trail head. Bring gloves, hat, a reusable water container and snacks. Wear long sleeves and appropriate shoes. Tools and water will be provided. There will be a short hike to the work site. Extreme temperatures will cancel event.

FIREWORKS FROM THE SUMMIT HIKE

Date Saturday, July 4
Time 7:00 pm
Fee Free

Enjoy a bird's eye view of the many fireworks displays from around San Diego County from the Volcan Mountain summit. Join Park Attendant Bill Augustus in discussions on the history and geography of the area. We will arrive at the summit just as the sun sets to enjoy the coastal views. Around 9:00 PM, we can enjoy the many fireworks displays from around the County. We will be on the summit for about an hour before the fireworks start, so bring a jacket, water and a snack. We will hike back down to the staging area in the dark so please bring a fully charged flash light.

This hike will include an elevation gain of approximately 1000 feet in two miles. Please dress in layers as the temperature can change dramatically as we reach the summit. Wear sturdy hiking shoes and bring water and a snack for the summit. Park along Farmer Rd and meet at the trailhead at the Hubbel gate, located approximately 300 feet up the gravel road from the parking area. This is just north of the Wynola Road intersection with Farmer Road. Inclement weather will cancel this event.

SUNSET/BLUE MOON HIKE

Date *Friday, July 31*
Time *6:45 pm*
Fee *Free*

Join us for a sunset hike on scenic Volcan Mountain. Take in the panoramic views while hiking the Five Oaks trail. Enjoy a bird's eye view of Julian, where on a clear day you can see the buildings in downtown San Diego and Islands off the coast of Mexico and Southern California. Join Park Attendant Bill Augustus in discussions on the history and geography of the area. From the summit you can enjoy an incredible view of San Felipe Valley and the desert. We will arrive at the summit just before sunset to enjoy the coastal view as the sun sets. We will hike back down to the staging under the light of the full moon. Please bring a fully charged flash light.

This hike will include an elevation gain of approximately 1000 feet in two miles. Please dress in layers as the temperature can change dramatically as we reach the summit. Wear sturdy hiking shoes and bring water and a snack for the summit. Park along Farmer Rd and meet at the Hubbel gate at 6:45 PM. The Hubbel gate is located approximately 300 feet up the gravel road from the parking area on Farmer Road. This is just north of the Wynola Road intersection with Farmer Road. Inclement weather will cancel this event.

44 WATERFRONT PARK

1600 Pacific Hwy
 San Diego | (619) 237-PARK

CONDOR FITNESS BOOT CAMP

Date *Tuesdays and Thursdays; Saturdays*
Time *6:30 am – 7:30 am (Tue. and Thur.); 7:00 am – 8:00 am (Sat.)*
Fee *\$50/month twice-a-week; \$55/month 3 times a week; \$7 drop in*

This boot camp program will target the entire body to increase your strength while losing excess body weight. This program will make you sweat! The fast-paced program combines the use of medicine balls, kettlebells, and exercise ladders to maximize calorie burn. This boot camp will test your physical strength as well as your mental strength. It is a great way for athletes to improve their fitness and stay in shape during the off-season. All workouts are modified for individual fitness levels.

ALL LEVELS YOGA

Date *Mondays*
Time *6:00 pm – 7:00 pm*
Fee *\$7 drop in*

An all levels/ages yoga class that will include a traditional yoga flow followed by restorative yoga poses. Classes are held every Monday at 6pm at the new Waterfront Park. Outdoor yoga provides convenient fitness and stress reduction for everyone!

HULLABALOO ON THE BAY

Date *Sunday, June 14; July 19; August 30; September 27*
Time *6:00 pm – 7:00 pm*
Fee *Free*

Bring the whole family down to the Waterfront Park for an evening of fun and dancing! Hullabaloo is a free-range, organic, folk concert featuring a foot-stomping, wing-flapping celebration of song that honors and entertains all.

45 WHALEY HOUSE

2482 San Diego Avenue
 San Diego | 619-297-7511

Not only was the Whaley House San Diego's first brick building, it was the County Courthouse, and even served as a billiard hall, ballroom and general store. It also has the reputation of being one of the most haunted houses in the nation. For more information on group and individual tours call (619) 297-7511.



Waterfront Park

46 WILDERNESS GARDENS PRESERVE

14209 Highway 76
 Pala | 760-742-1631

Wilderness Gardens Preserve is closed the month of August due to extreme heat.

A LOOK BACK IN TIME

Date *Saturday, June 6, 20; July 4, 18; September 5, 19*
Time *10:00 am – 12:00 pm*
Fee *\$3 Parking Fee*

The 1.5 mile interpretive walk is an easy to moderate hike that begins at the staging area and proceeds along the main trail. The ranger will speak about the first settlers of the early American period. During the hike, we will discuss geography, history, and the flora and fauna of the preserve. The hike will conclude at the ranger station with a tour of the museum. Please bring drinking water, sunscreen, and snacks.

47 WILLIAM HEISE COUNTY PARK

4945 Heise Park Road
 Julian | 760-765-0650

SUNDAY HIKE WITH RANGER DAVE

Date *Sundays, through September 3*
Time *10:30 am – 11:30 am*
Fee *Free for Campers/ \$3 Day Use Fee*

Join Ranger Dave for an easy to moderate guided hike to the beautiful Fern Trail. Our final destination will be the bubbling waters of Cedar Creek where sights and sounds of nature dominate the surroundings. Weather permitting; this hike will cover approximately one mile and last one hour. Bring hiking shoes, water and appropriate clothing. Participants can meet at the ranger station.

OFF THE BEATEN PATH

Date **Saturday, June 6; July 25; August 22**
Time **2:30 pm**
Fee **Free for Campers/
\$3 Day Use Fee**

Explore an undeveloped area of William Heise County Park and observe the lifecycle of the forest from fires and invasive bugs that have threatened this intricate ecosystem. Join us on a 90 minute walk to see how rangers maintain the park behind the scenes and how everyone can help or hinder the preservation of these natural settings. Meet at the amphitheater. Wear sturdy shoes as we will not be on a trail. This program is best suited for ages 10 and up.

TREE TALK

Date **Saturday, June 13; July 11; August 8; September 12**
Time **3:00 pm**
Fee **Free for Campers/
\$3 Day Use Fee**

Trees are more than just firewood. Join the ranger for an informative talk about trees and learn about the biggest and tallest trees. The talk will also cover how trees talk to each other and what we can learn from them. This informative talk is open to all ages.

CAMP WITH THE STARS

Date **Saturday, June 13; July 11; August 22; September 12, September 19**
Time **After sundown**
Fee **Free for Campers/
\$3 Day Use Fee**

Take a look at the night sky from a different view. The San Diego Astronomy Association will have multiple telescopes available for viewing in the upper meadow. The knowledge of the astronomers and quality of telescopes give participants a unique viewing experience of the starry skies from a beautiful mountain setting. Viewing begins after dark in the upper meadow.

SKY HUNTERS

Date **Saturday, June 20; July 25; August 15**
Time **6:00 pm**
Fee **Free for Campers/
\$3 Day Use Fee**

Join a representative of the Sky Hunters organization and allow them to educate you about the behaviors of hawks, owls, falcons and eagles. Have you ever wondered what you would do if you found a sick or injured raptor or if there were any laws to protect these magnificent birds? This program is not only educational but also allows you to view these amazing birds closer than you normally would in the wild.

TOUCH & TALK TABLE: REPS & RELICS

Date **Saturday, June 27; July 18; August 29; September 26**
Time **2:00 pm**
Fee **Free for Campers/
\$3 Day Use Fee**

Touch and learn about nature with live reptiles, and various animal skins, skulls and artifacts. Enjoy a personal discussion with Rangers as you marvel at these wonders of nature that you rarely see up close.

FIRED UP!

Date **Saturday, July 4; August 1; September 5**
Time **6:00 pm – 7:00 pm**
Fee **Free for Campers/
\$3 Day Use Fee**

Join the Firefighters of Julian/ Cuyamaca Fire Protection District for a one hour program on campfire safety, fire prevention and what to do if you get lost or hurt while camping. Bring the kids as they can shoot water from the fire engine and get their photos taken on the fire engine and with the firefighters. There may even be a special guest that drops by to say hello!

*Wilderness Gardens**William Heise Sky Hunters*

48

FALLBROOK COMMUNITY CENTER

341 Heald Lane
Fallbrook 760-728-1671

SAN DIEGO BLOOD BANK

Date Thursday, June 11
Time 12:30 pm – 5:30 pm
Fee Free

Giving blood is one of the most effective ways to help your community because it saves lives. Donating blood is a very safe and simple process. For an appointment call (800) 479-3902 ext. 8251.



Fallbrook Summer Camp

BATTLE OF THE BANDS

Date Saturday, July 18
Time 2:00 pm – 8:00 pm
Fee \$5 Admission

Entries limited to the first 10 bands that submit a complete application

Whether you play at parties, dances, talent shows, paid gigs or in your garage this event is open to all teen bands (ages 13-19) in the area. The bands will be rated by a panel of judges on presentation, originality, interaction with audience and quality of performance. Amps, mics, drum kit, staging, and lights are all provided. Bands need only bring instruments, cords and pedals. Cash prizes and awards will be presented to first and second place winners!



Fallbrook Battle of the Bands

SUMMER DAY CAMP

Date June 8 – July 31
Time 7:00 am – 6:00 pm
Fee \$99 per week, per child.
After May 16, \$120 per week, per child; Summer Camp T-shirt \$15

Join the Fallbrook Community Center for eight weeks of action packed fun! Campers will have the opportunity to go on an Amazing Race, live the life of a pirate, navigate through nature, and learn what it takes to be a super hero. Join our energetic staff for field trips, sports, games, and arts and crafts projects that will leave you excited day after day. Fees include all project materials, one daily snack, and field trips. What are you waiting for?! Fly on in to sign up for this summer's fully loaded camp extravaganza! Super Heroes wanted!



Fallbrook Summer Camp

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LAKESIDE COMMUNITY CENTER

9841 Vine Street
Lakeside 619-443-9176

LEGO JEDI ENGINEERING BY PLAY-WELL TEKNOLOGIES

Date Monday-Friday, July 20-24
Time 9:00 am – 12:00 pm
Fee \$149

Young Jedi, ages 5-7, will explore worlds far, far away engineering principles right in front of them. Defeat the Empire by designing and refining LEGO X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets. Please call the office to pre-register at (619) 443-9176.



Lego Jedi Engineering

LEGO JEDI MASTER ENGINEERING BY PLAY-WELL TEKNOLOGIES

Date Monday-Friday, July 20-24
Time 1:00 pm – 4:00 pm
Fee \$149

The Force is strong in this class for ages 7-12. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well's Jedi Instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering. Please call the office to pre-register.

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SPRING VALLEY COMMUNITY CENTER

8735 Jamacha Boulevard
Spring Valley 619-479-1832

SUMMER CAMP

Date Monday-Friday, June 22 –
August 14, 2015
No Camp July 4
Time 7:00 am – 6:00 pm
Fee \$92 per child; \$33 daily rate
per child

Enjoy eight weeks of fun during the summer break. The Summer Day Camp is a wonderful way for your child to spend an action packed and fun filled summer. Boys and girls, ages 6-12 are invited for busy and active weeks of field trips, sports, arts and crafts, wacky games, and other fun projects to fill the day. Camps fill up quickly, so register now to ensure you child's spot. Supplies, breakfast, lunch, a snack and supervision are included. For more information, please call (619) 479-1832.



Spring Valley Summer Camp

REC CLUB

Lakeside REC Club
9911 Vine Street
Lakeside 619-443-4169

Spring Valley REC Club
838 Kempton Street
Spring Valley 619-667-6839



LAKESIDE

Date **Monday, Tuesday, Thursday
Friday**
Time **2:00 pm – 6:00 pm**
Date **Wednesday**
Time **1:00 pm – 5:00 pm**

SPRING VALLEY

Date **Monday, Wednesday,
Thursday, Friday**
Time **2:30 pm – 6:30 pm**
Date **Tuesday**
Time **1:00 pm – 5:00 pm**

HOLIDAY CLOSURES

(BOTH REC CLUBS):

July 4, Independence Day
September 7, Labor Day

The Lakeside and Spring Valley REC Clubs demonstrate how to make a positive difference in the lives of youth. The goal of the REC Club is to provide a safe, fun, and positive environment. The club offers opportunities for middle and high school youth to grow through physical fitness, art expression, leadership development, community service, and educational activities while enhancing self-esteem, communication skills, problem solving, and community involvement. The fundamental object of the program is to succeed in life.

RECXPLORERS – BOTH REC CLUBS

RECXplorers is an outdoor adventure program which is focused on developing an appreciation for the outdoors and an ethic of environmental stewardship by providing field trip opportunities for REC CLUB participants. Working together, ESA and RECXplorers have developed programs that culminate in what has been named Environmental Energy Education, a hybrid project of sustainability and outdoor recreation.

ENERGY SAVING ADVENTURES – BOTH REC CLUBS

Date **Monday – Friday**
Time **3:00 pm – 5:00 pm**

Energy Saving Adventures (ESA) is the new REC Club perspective of taking charge of our future through resource conservation. The daily after school program inspires and empowers youth to create change in the world around them. Through films, tournaments, experiments, and field trips, each day, teens tackle important concepts through an Energy Saving Adventure. Multiple FREE offsite fieldtrips offered throughout the year!



Rec Club

KAYAK CAMP – SPRING VALLEY REC CLUB. EVENT LOCATION: LAKE MORENA COUNTY PARK

Date **June 27-28**
Time **8:00 am – 3:00 pm**

The Spring Valley REC Club campout will be 2 days and 1 night at the County of San Diego's Lake Morena Campground. Participants will get to kayak on the lake on Saturday and also learn about some of the different plants used by Native Americans in the area, how the park is integrated into the San Diego Watershed and adaptations of animals and plants in the area. Kayak lessons will be at the beginner level for all riders and will be provided by REC Club staff. The REC Club provides transportation to and from the campground as well as meals for participants.

REC SURF DAYS – SPRING VALLEY REC CLUB

Date **June 30, July 7, July 14**
Time **8:00 am – 3:00 pm**

The Spring Valley REC Club offers three opportunities for members of the program to learn how to surf at Coronado Beach. Participants also learn about the beach environment, how to identify natural hazards like rip currents, cycles and interrelationships that affect surfing, and how the beach is integrated into the San Diego Watershed. Surf lessons will be at the beginner level for all riders and will be provided by REC Club staff. The REC Club provides transportation to and from the beach as well as lunch for participants.

REC CLUB

Lakeside REC Club

9911 Vine Street
Lakeside 619-443-4169

Spring Valley REC Club

838 Kempton Street
Spring Valley 619-667-6839

SUMMER FIELD TRIPS – LAKESIDE REC CLUB

Throughout the summer, the Lakeside REC Club will be taking members on various field trips. Some of these field trips may include: beach days, laser tag, beach clean-up days, and other fun outings. These trips are an opportunity for kids to get out and enjoy fun activities with their fellow members.

ART CLUB – LAKESIDE REC CLUB

Date *Mondays*
Time **3:00 pm – 4:00 pm**

Are you the artistic type? The Lakeside REC Club offers kids the opportunity to express their artistic style with a wide array of fun arts & crafts activities. Whether you love painting, drawing or crafting, there is something for everybody. Come join us every Monday to participate in a fun and engaging arts or crafts activity.

MOVIE CLUB – LAKESIDE REC CLUB

Date *Wednesdays*
Time **3:30 pm**

Interested in the latest and greatest of movies? Come join the Movie Club! This student lead club meets to discuss, view and create movies. In this club we will watch movies, view behind the scenes clips and discuss film philosophy. We also play games related to cinema and have occasional field trips. Participants are encouraged to take leadership positions to further learn responsibility and take ownership. Don't miss out on the fun!

GREEN TEEN GARDEN PROGRAM – LAKESIDE REC CLUB

Date *Thursdays*

The Green Teen Garden Program empowers teens to be effective community change advocates by immersing them in the local food system. The program teaches life and work skills through tasks such as gardening, health, nutrition and leadership. Teens will get to plant, maintain and harvest seasonal plants and vegetables. Harvested items will be used to teach culinary skills, healthy eating habits, economic savings and the importance of growing locally as a sustainable alternative. This is free and open to youth ages 10-17.

REC \$HOP – LAKESIDE REC CLUB

Date *Last Friday of the month*
Time **4:00 pm**

The REC \$HOP is a new creative program that provides participants an opportunity to be rewarded for good behavior and participating in programs. Throughout the month, participants can earn fake money called "Aces" that are REC Club certified by volunteering, participating in daily activities and showing good behavior. The last day of the month we open the REC \$HOP where they can use that money to purchase items like toys, board games and more! This program is helping us teach kids the value of money, but also the importance of being good stewards of the REC Club.



Rec Club

SK8 CREW – LAKESIDE REC CLUB

Date *Fridays*
Time **3:00 – 4:00 pm**

Come join the Lakeside Sk8Crew! The group's goal is to create awareness about skateboarding in Lakeside with a youth voice for the upcoming skate park. The group meets on Fridays to watch and creates skate videos, compete in skate competitions, and promote safe riding techniques. Free trips to local skate spots are provided for free to get teens inspired. Sk8crew is open to youth of all skill levels.

FESTIVE FRIDAYS – LAKESIDE REC CLUB

Date *One Friday per month*
Time **2:00 pm – 6:00 pm**

The Lakeside REC Club provides a fun after-school event monthly, filled with fun activities, snacks, crafts and more! Previous Festive Friday's have included "Fear Factor," "The Olympics," and "Carnival Game Themes." We transform the REC Club into a party, with fun decorations and music. This program provides participants with an entertaining night of creativity and lasting memories. Join us!

VOLUNTEER!



It's a good thing!

Fun and challenging opportunities include

- Live-in Park Host
- Park Patrol
- Park Docent
- Community Center Volunteer
- Student/Youth Volunteer
- Group Opportunities

The San Diego County Parks and Recreation Department offers many volunteer opportunities to fit your skills and interests.

For more information, visit sdparks.org or call 858.966.1335



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- ▲ Choose from eight different parks around the county
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Free evening movies all summer for the whole family...

2015 Summer Movies in the Park

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4S Ranch Patriot Park — Penguins of Madagascar
Collier County Park — Annie (2014)
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Fallbrook Community Center — The Book of Life
Felicitia County Park — Cinderella
Flinn Springs County Park — How To Train Your Dragon 2
Heritage County Park — Grease
Jess Martin Park — Big Hero 6

Lake Morena County Park — Maleficent
Lindo Lake County Park — Penguins of Madagascar
Live Oak County Park — Big Hero 6
Otay Lakes County Park — Cinderella
Pine Valley Park — Home
Rancho Guajome Adobe — The Lego Movie
Sycamore Canyon Preserve — The Goonies
Waterfront Park — E.T. The Extra-Terrestrial

Hilton Head County Park — The Spongebob Movie: Sponge Out of Water

Spring Valley County Park — Teenage Mutant Ninja Turtles (2014)

Sweetwater Summit Regional Park — Planes: Fire & Rescue

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EXPERIENCE SAN DIEGO COUNTY TRAILS

There are many miles of hiking, biking, and equestrian trails in the County's parks and open space preserves. Some trails offer simple strolls along placid streams; others take you over rugged mountains and isolated valleys. We offer one of the most diverse trail systems in the nation.

People interested in an easy hike may want to stroll along the coastal waters at San Elijo Lagoon. For the more adventurous trekker, take the challenge in the hills of El Capitan or Hellhole Canyon. For those interested in outdoor adventures, many of our camping parks also include trail experiences.

At Lake Morena, you can enjoy the Pacific Crest Trail, which boasts beautiful lake views, and William Heise offers scenic overlooks of the oak, pine, and cedar filled backcountry. Most of our trails are multi-use and have been designed to accommodate hikers, bikers, and equestrians.

For more information on the vast offering of trails, visit our website at www.sdparks.org. Parks Make Life Better!



San Elijo Lagoon



El Capitan Extreme Hiking Challenge



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San Diego County Parks and Recreation



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